



Inpatient Treatment

Inpatient treatment offers treatment modalities and services designed to address age-specific needs. Our experienced staff, under the direction of the attending psychiatrist, provides acute care services for a complete range of psychiatric disorders. Inpatient treatment includes:

- comprehensive evaluation
- crisis stabilization
- group and individual therapies
- medication management
- life skills sessions
- expressive therapies (including art and music therapies)

Intensive Outpatient Program (Evening)

The evening intensive outpatient program (IOP) is a less intensive level of care for adolescents with psychiatric disorders. The program meets three evenings each week.

Using group therapy, discussion, role playing and information sessions, youth learn:

- Self-regulation
- Healthy living
- Problem-solving skills
- Coping skills
- Relapse prevention skills

A physician led treatment team develops an individual treatment plan with input from the youth and family.

For more information or to schedule an assessment, contact:

CenterPointe Hospital of Columbia
1201 International Drive
Columbia, MO 65202
573-615-2001 Admissions
855-623-7016 Toll-Free

CenterPointe Hospital of Columbia
offers a comprehensive range of behavioral health services for adolescents, ages 12 to 17.

Our continuum of inpatient and outpatient treatment options address a wide spectrum of adolescent treatment needs.

Hope
for a bright future

